

January

Monday	Tuesday	Wednesday	Thursday	Friday
AM:Graham Crackers 1 sheet & Cream Cheese 2 oz PM: Crackers 4oz & Edamame 1/2 Cup 7	AM: Goldfish 4oz & Fruit 1/2 cup PM: Chex Mix 4 oz & Craisins 1/2 cup 8	AM: Animal Crackers 4oz & Hot Cocoa PM: Pirate Booty 4 oz & Fruit 1/2 cup 9	AM: Pretzels (10) Cheese 1/2 oz / 1 slice PM: Cereal 1/4 cup & Milk 1/2 cup 10	AM: Chicken Soup 1/2 cup Crackers 4oz PM: Veggies 1/2 cup Dip 1oz & Crackers (5) 11
AM: Cheez-its 4oz Raisins 1/2 cup PM Animal Crackers 4oz & Milk 1/2 cup 14	AM: Wheat Thins 4 oz & Fruit 1/2 cup PM: Bagels (1/2) & Cream Cheese 2 oz 15	AM: Cracker 4 oz Cheese 1/2 oz / 1 slice PM: Carrots 1/2 cup Dip 1oz & Crackers (5) 16	AM: Goldfish 4oz & & Edamame 1/2 Cup PM: Graham Crackers 1 sheet Yogurt 4oz 17	AM: Chex Mix 4 oz & Fruit1/2 cup PM: Cereal 1/4 cup & Milk 1/2 cup 18
School Closed  <i>i have a dream!</i> 21	AM: Graham Crackers 1 sheet Yogurt 4oz PM: Animal Crackers 4oz & Milk 1/2 cup 22	AM: Cereal 1/4 cup & Milk 1/2 cup PM: Cheez-its 4oz Fruit 1/2 cup 23	AM: Pretzels (10) Cheese 1/2 oz / 1 slice PM: Veggie Straws 4 oz & Fruit 1/2 cup 24	AM: Scrambled Eggs, Cheese, Turkey & Crackers PM: Chex-Mix 4oz Fruit 1/2 cup 25
AM: Nila Wafers 4 oz & Hot Cocoa 1/2 cup PM: Goldfish 4oz & Raisins 1/2 Cup 28	AM: Veggie Straws 4 oz & Fruit 1/2 cup PM: Carrots 1/2 cup Dip 1oz & Crackers (5) 29	AM: Pasta w Red Sauce 1/4 cup PM: Chex-Mix 4oz Fruit 1/2 cup 30	AM: Wheat Thins 4 oz & Carrots 1/2 cup dip 2 oz PM: Cereal 1/4 cup & Milk 1/2 cup 31	